

THANK YOU, LORD!



Gratitude Journal

Calling All The Grateful

The Bible declares in Psalms 107:21-22 (CSB),

"Let them give thanks to the Lord for His faithful love and His wondrous works for all humanity. Let them offer thanksgiving sacrifices and announce his works with shouts of joy."

There is something to be said about giving thanks to God for that which He has already done in your life and that which He has already given unto you. On top of that, giving thanks freely and with shouts of joy - what a beautiful expression of love to God!!

Gratitude unlocks the peace of God, the favor of God, the motion of God, and the trust of God.

- **Peace comes when** you rest in His sovereignty and knowing that God is in charge of your life; and, as your Father, He has all of your needs in mind and will take care of you.
- **Favor comes when** you thank Him for providing for you; that releases Him to do more, to be more generous towards you without you ever having to work for it or earn it.
- **Motion/Action comes when** your thanksgiving is released in the atmosphere - it's like a good-smelling dish cooking in the kitchen that draws hungry people to the table quicker than you can say, "Let's Eat!" When you are grateful, God moves on your behalf!
- **Trust comes when** God sees that because of how you responded to "this," He can trust you with "that." He will do more with the release of your gratitude than your works could ever do.

Gratitude is more than words, it's a heart posture. How you respond in your heart is really what God sees and what God judges.

Decide this moment that you will **live full of gratitude to God** for who He has been to you, what He has provided for you, how He has kept you, and all that He's planned for your future.

Stay Fervent,

Darlyshia A. Menzie

GRATITUDE



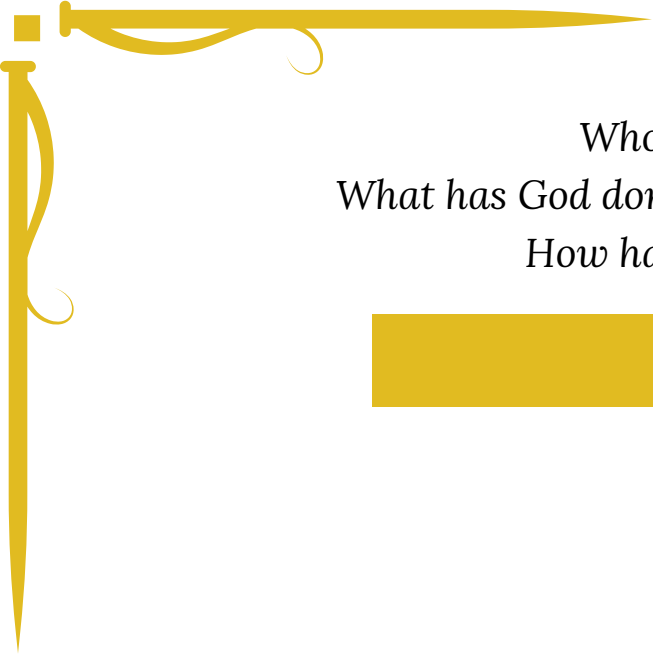
When God gives you a word, THANK HIM FOR IT!
When God gives you a release, THANK HIM FOR IT!
When God gives you a new day, THANK HIM FOR IT!
When God gives you a fresh breath, THANK HIM FOR IT!
When God gives you an opportunity, THANK HIM FOR IT!
When God gifts you with forgiveness, THANK HIM FOR IT!
When God blocks something from your life, THANK HIM FOR IT!

Thank Him for it all.

Thank Him in it all.

Document everything and add to this gratitude journal for the next 31 days. Commit to writing out your gratitude to create your track record of God's faithfulness and goodness. Remind yourself of all that God has done and all that God has been to you over time, so that in moments when it's hard to remember, you have a place of hope and promise to come back to that is specific to your life. Remember God's goodness and thank Him for always being the God of your salvation and hope!





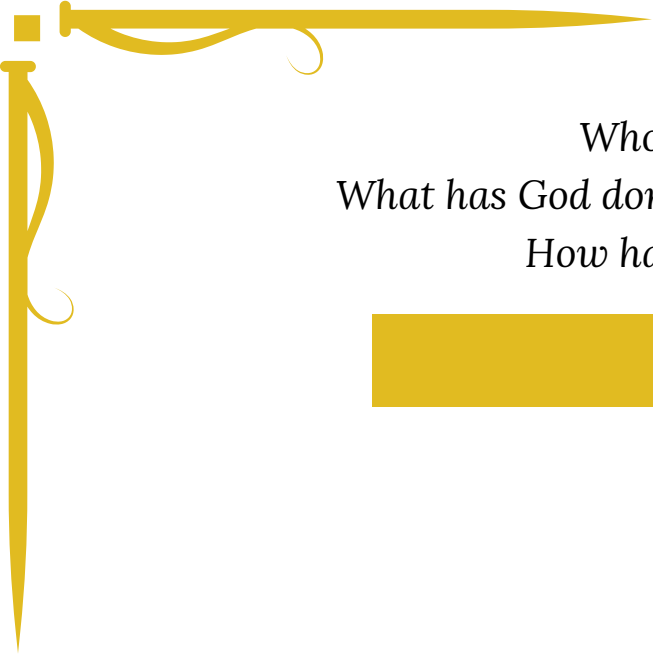
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How has God shown up for you?

Give Thanks

1

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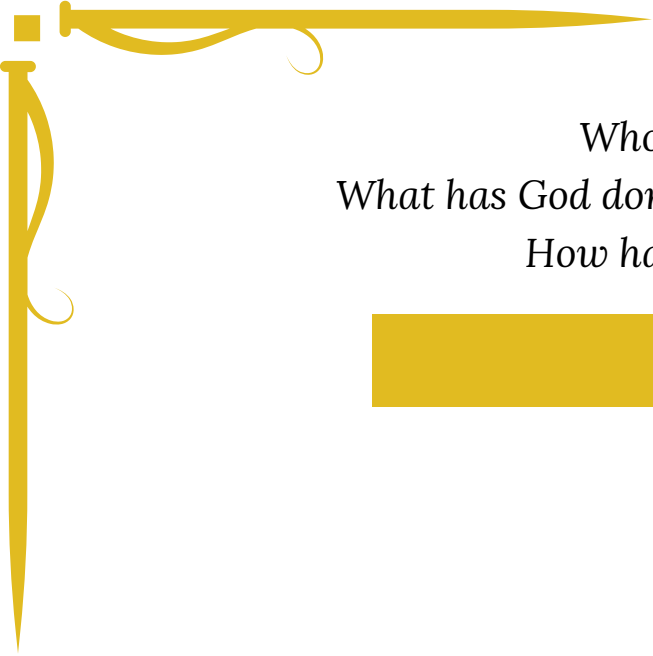
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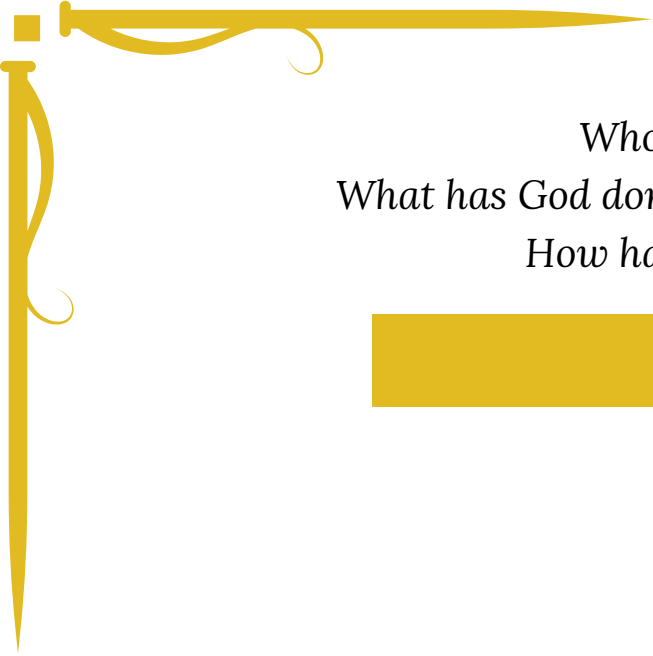
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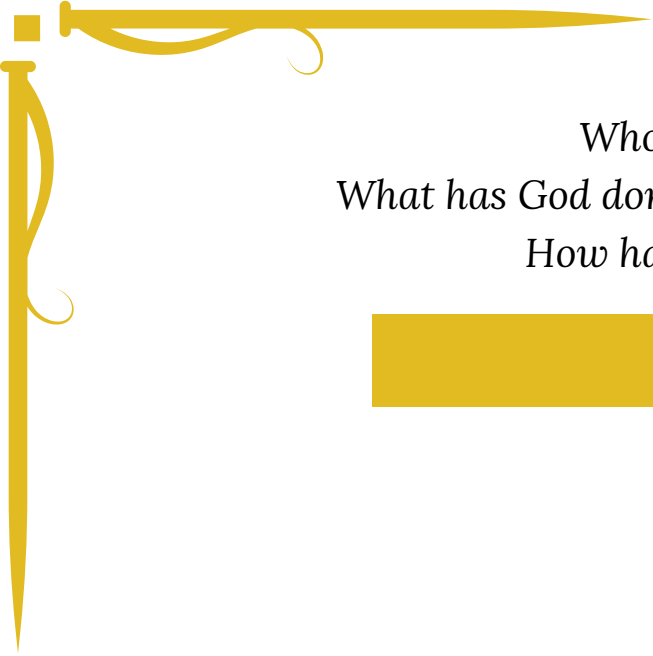
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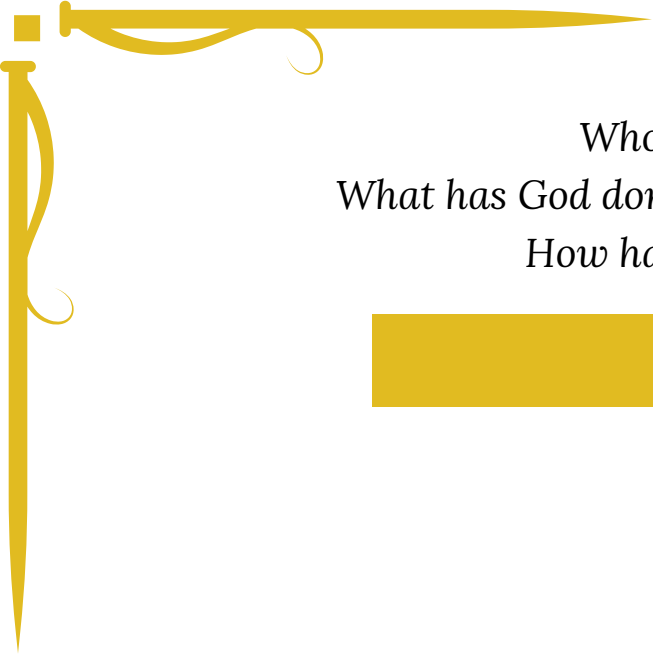
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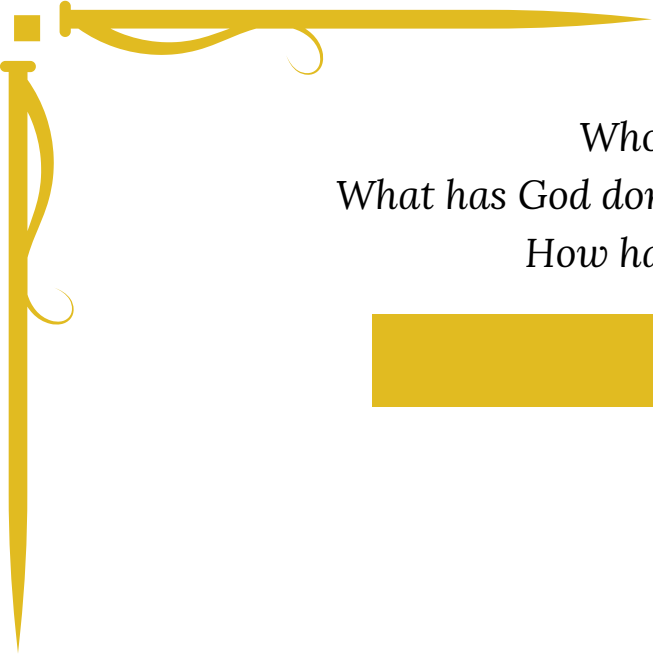
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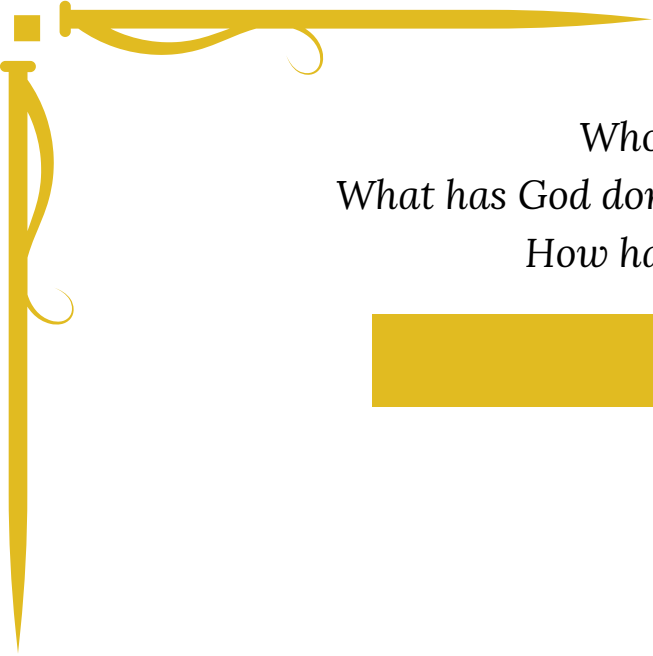
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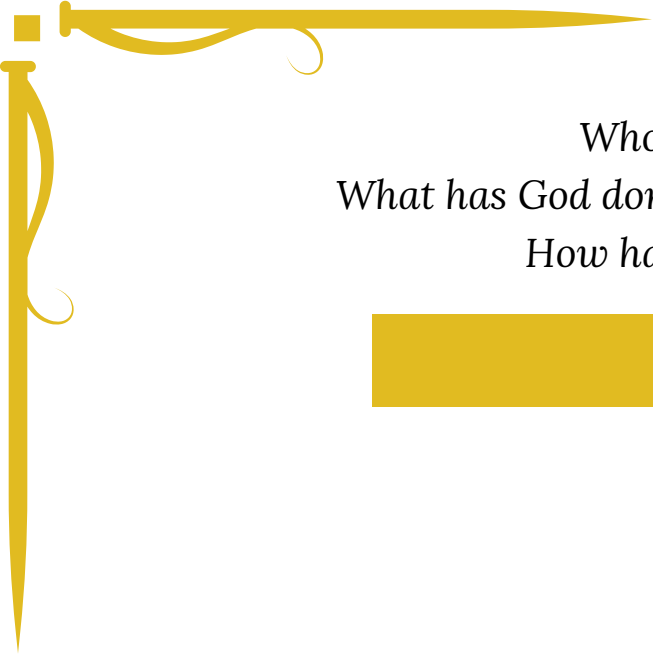
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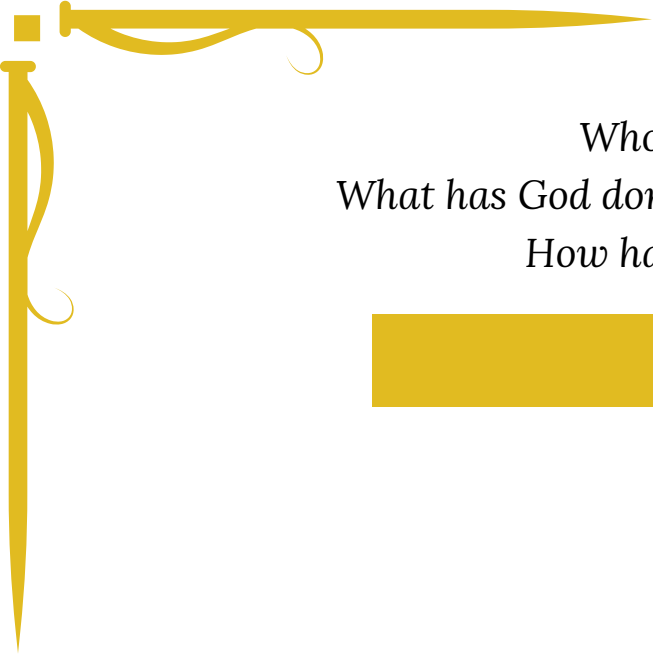
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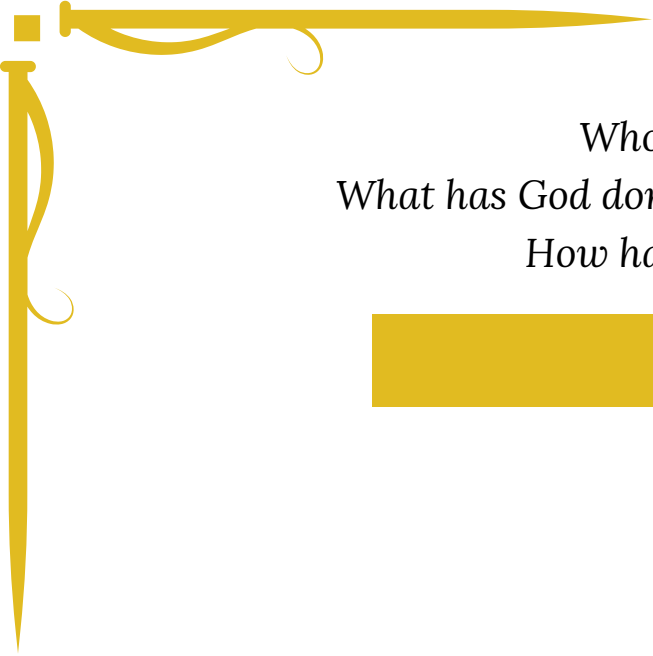
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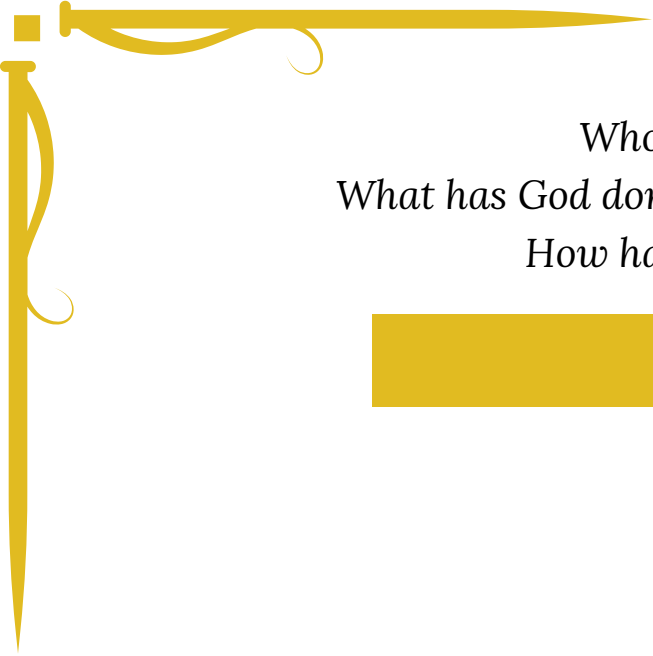
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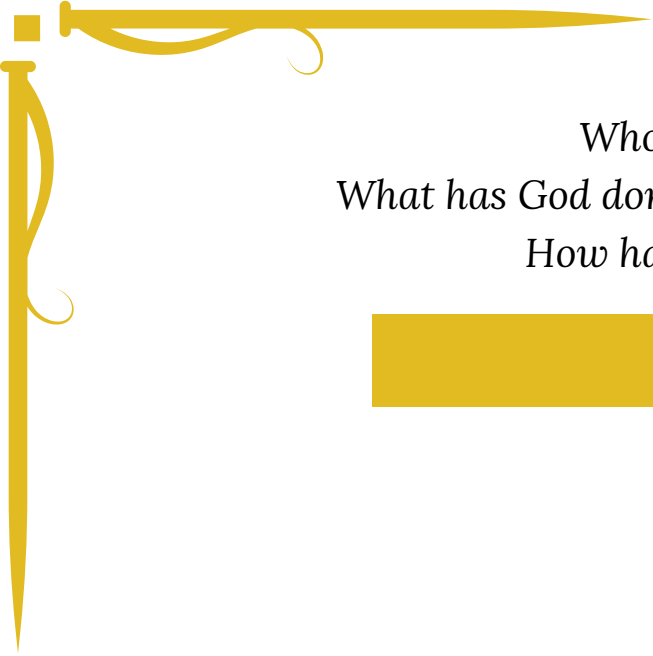
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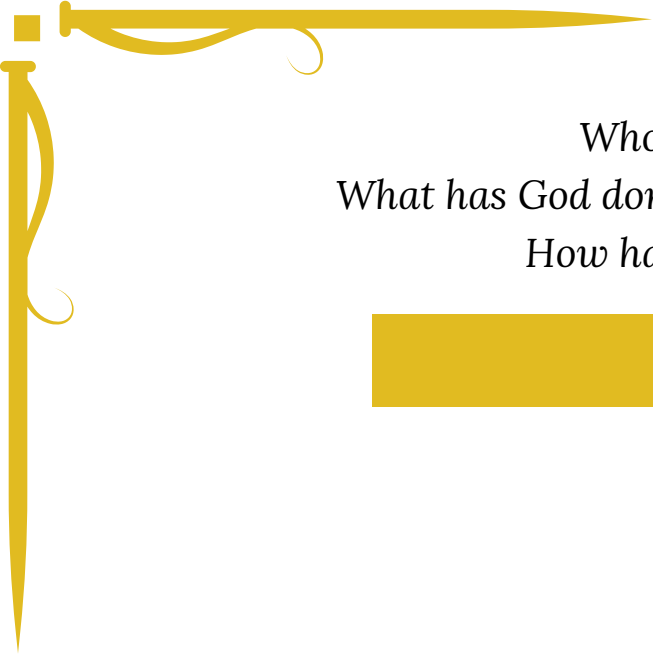
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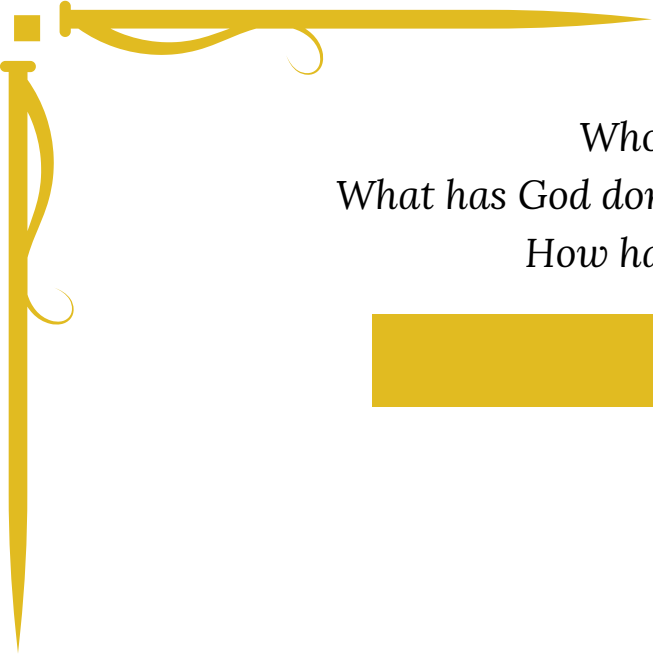
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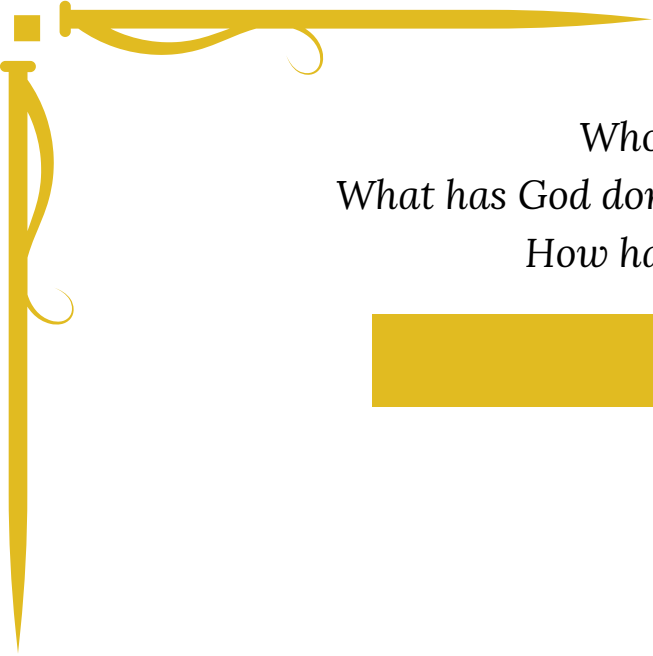
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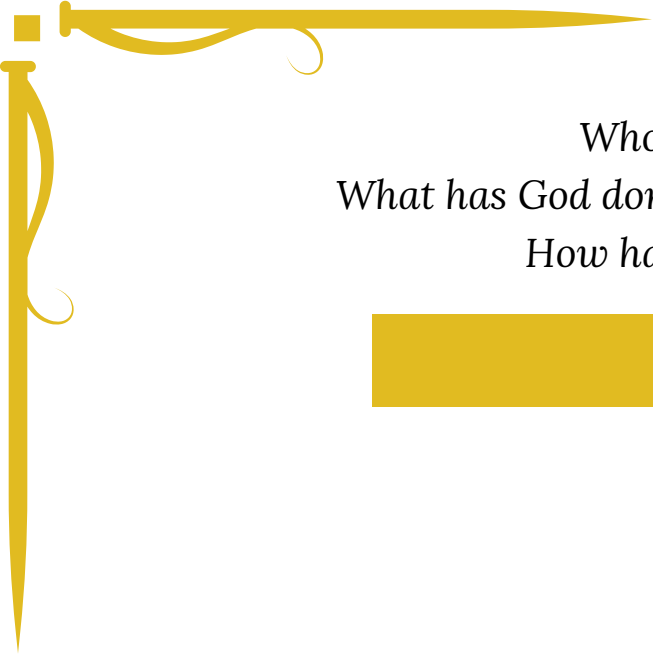
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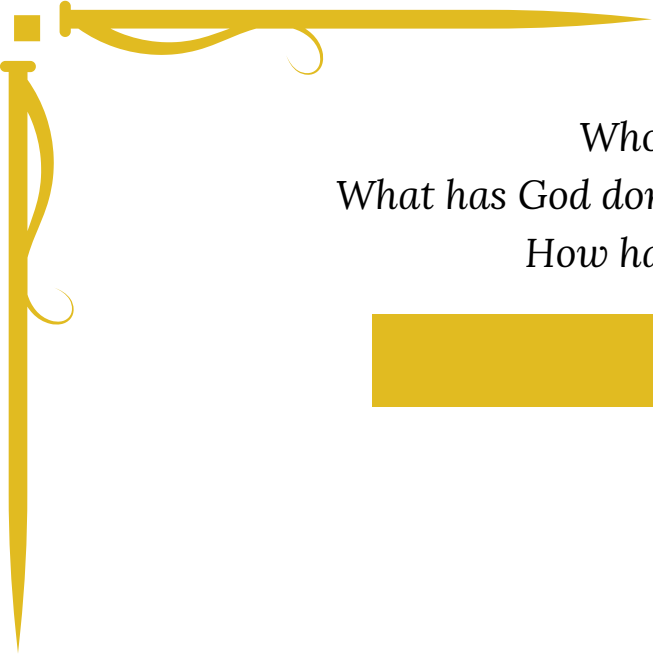
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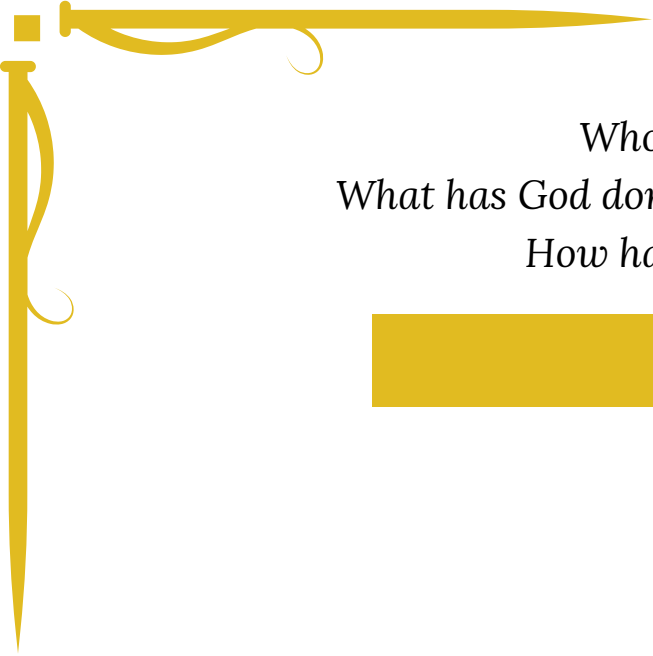
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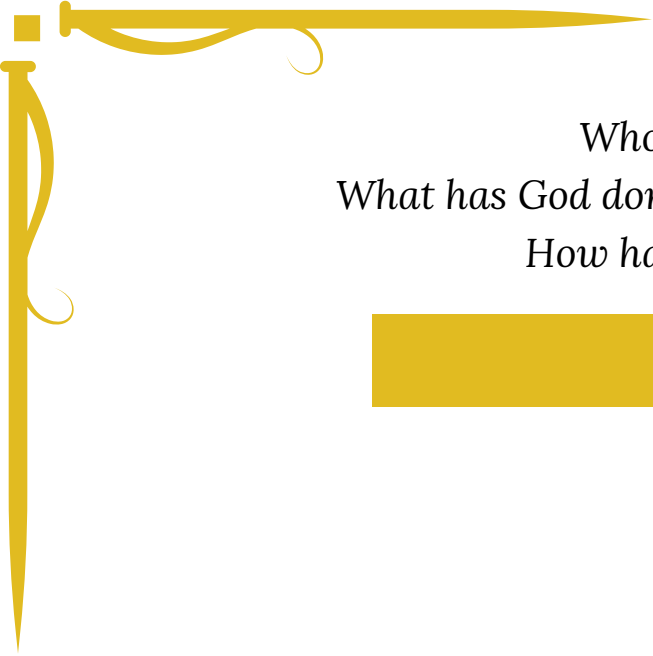
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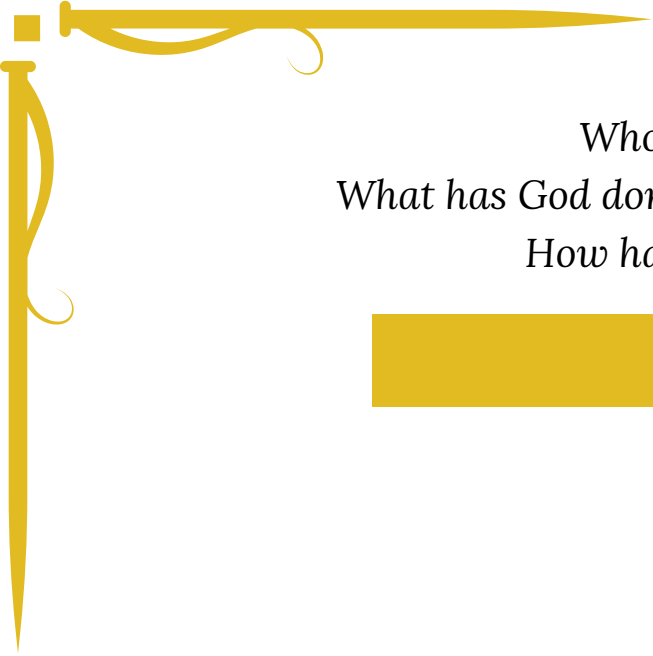
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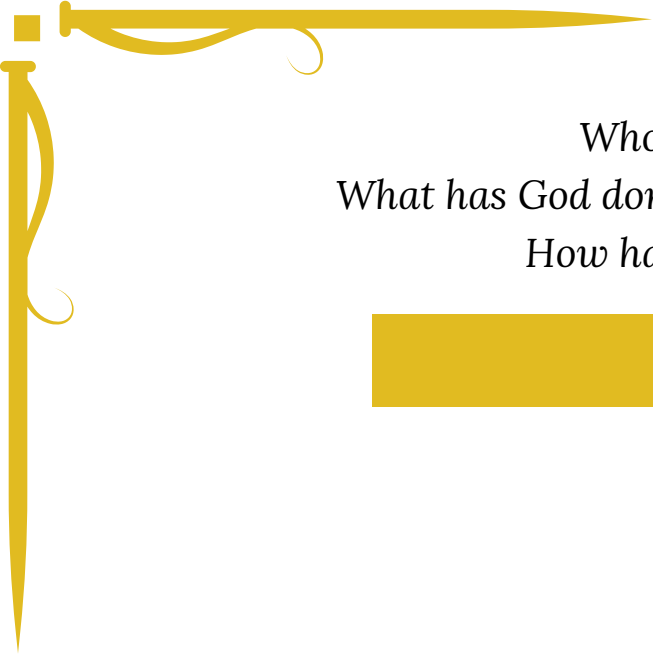
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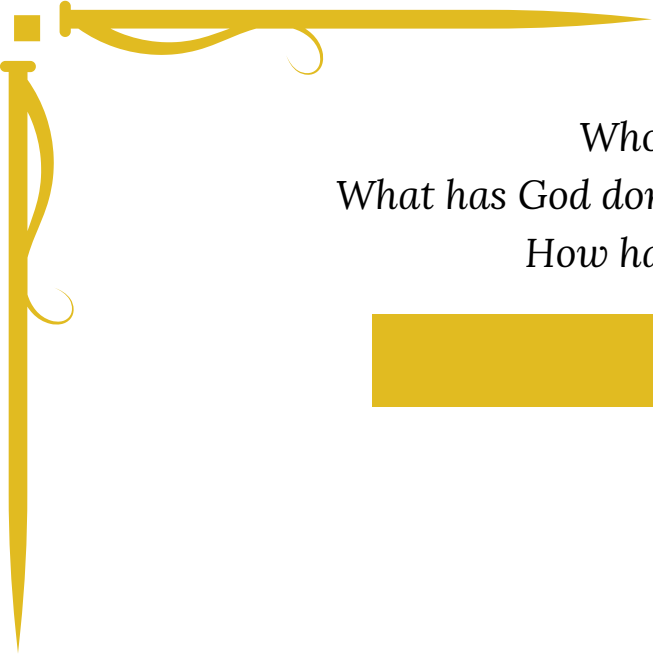
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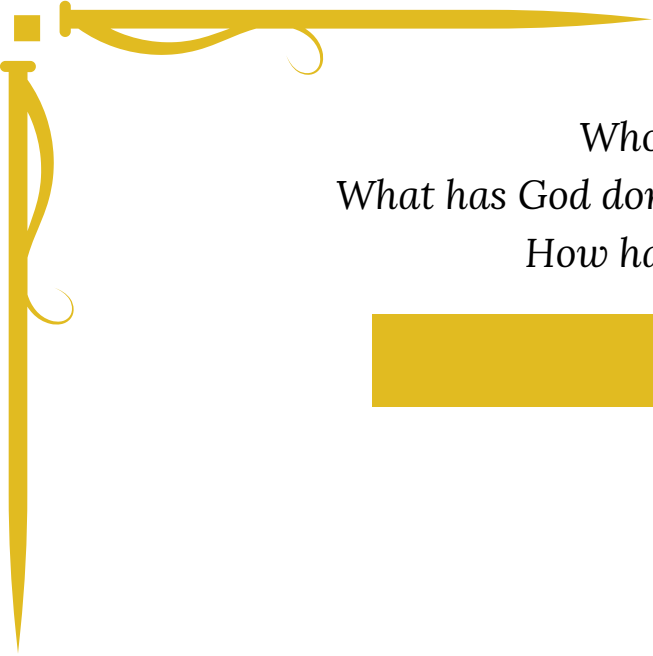
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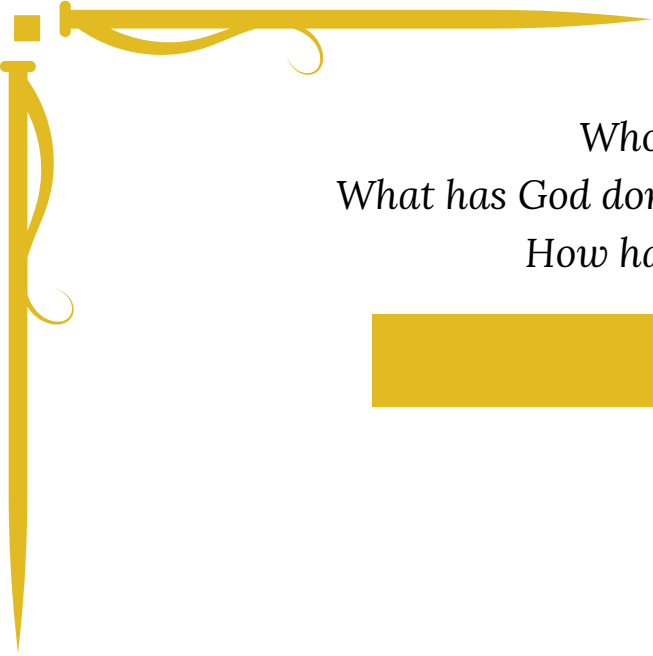
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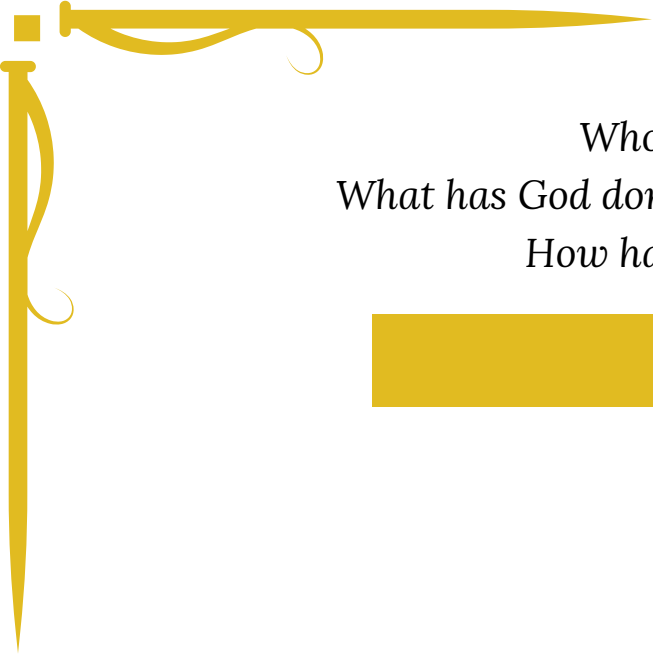
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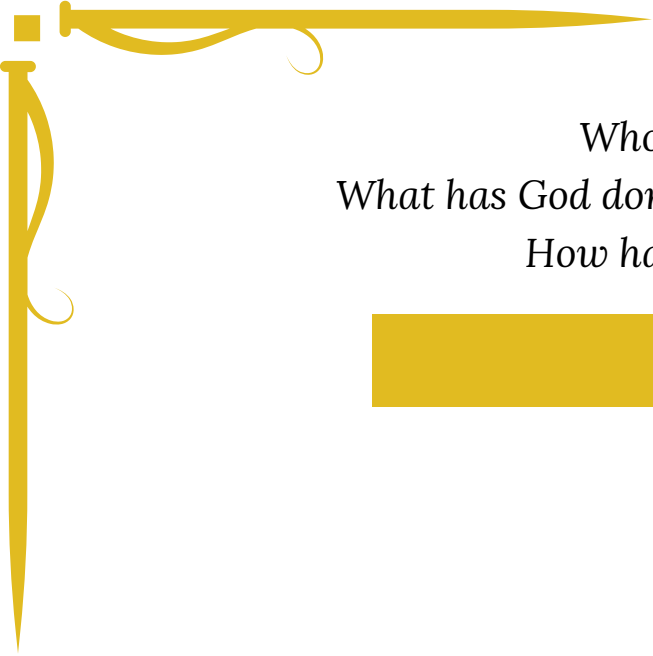
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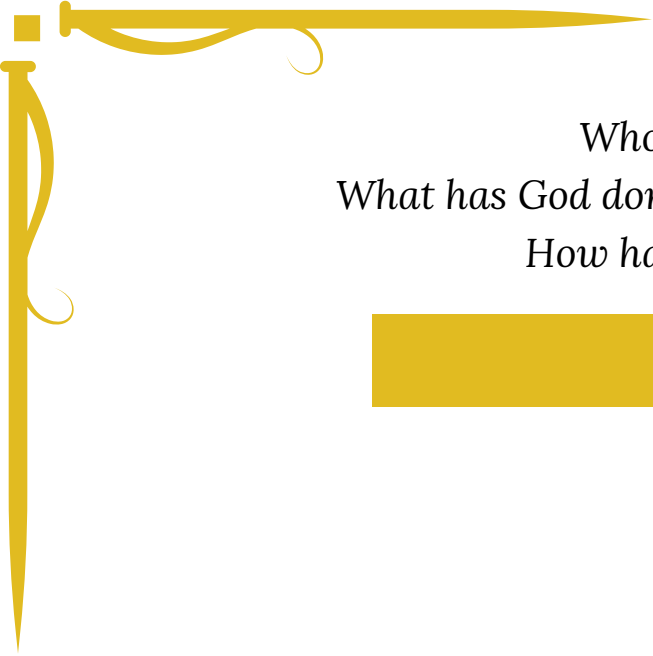
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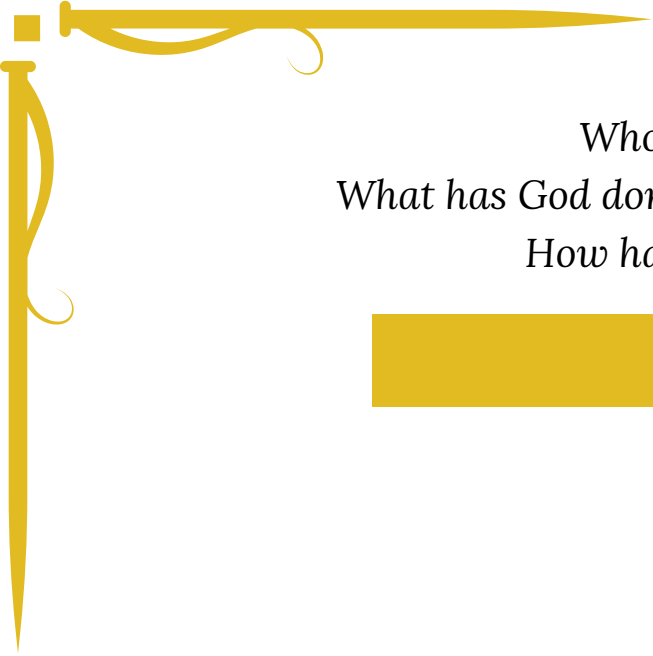
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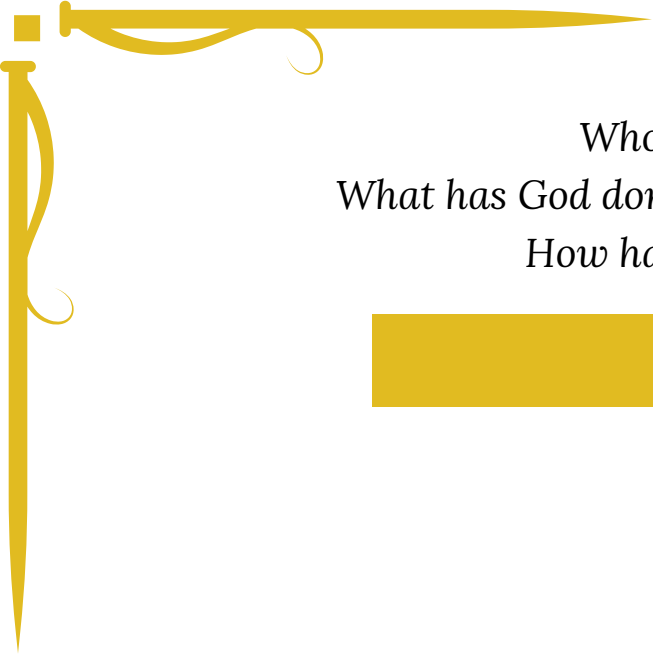
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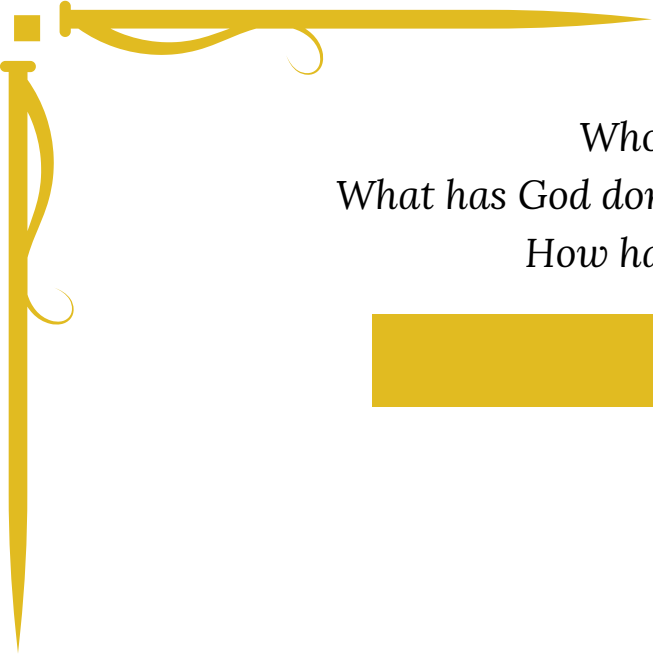
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Darlyshia A. Menzie

Kingdom & Marketplace Entrepreneur teaching people how to get excited about their lives by investigating and investing in their personal and spiritual growth.

Darlyshia is the CEO and Owner of **Fervent Servant LLC**, a coaching and consulting business whose mission is to get people excited about their lives! As a dynamic National Public Speaker, Certified Life Coach, Author, Podcast Host, and Project Consultant, Darlyshia excels in charging the atmosphere with expectation and zeal! She believes that growth only happens with intention and an honest assessment of self. With that in mind, she empowers others to look inward, locate the limit, challenge it with the truth, and grow forward. Darlyshia started her business with a desire and personal responsibility to become who she needed in different stages of her life - making her a true Fervent Servant. Her motto is: "Live with Intention. Serve with Passion."

Darlyshia is a resident of the Metropolitan St. Louis Area and is married to her very best friend, Anthony. She enjoys eating good food, spending time with her husband and friends, laughing until she cries, trying new things, and sharing her faith with others.

To learn more about her, make a purchase, connect for an event/project, or join her groups/courses, visit **www.darlyshiamenzie.com**.

